



www.rochesterworks.org

NEWS

Media Contact:

Jean Dalmath
585-586-6650
jdalmath@dalmath.com

Local Experts to Lead Two Free Workshops for Job Seekers Coping with Change and Body Language During Interviews

*Rochester NY—June 21, 2007—*RochesterWorks! Guest Speaker Series in July will feature local experts who will help job seekers tackle two important subjects, change and non-verbal communication. Both two-hour workshops are free of charge. They are held at RochesterWorks! Career Center at 255 North Goodman St. Parking is also free.

Framing Change

Wednesday, July 11, 2007 - 11:30 am – 1:30 pm

Individuals will be asked to assess how they perceive change and learn how to develop a plan to respond to future changes. This workshop is presented by Lorraine Henderson. Henderson has more than 20 years of experience as an Organization Development Specialist. She has worked within a Fortune 500 company, and has consulted for small businesses, not-for-profits and educational institutions. Henderson believes in a commitment to life-long learning to help both the individual and the organization manage change and grow.

Speaking of Body Language - A New Look at Interviewing

Wednesday, July 25, 2007 – 11:30 am – 1:30 pm

Get a greater awareness of body language and see how you can project a confident and positive impression. Presented by Linda Pratt, an expert in communication, her counseling business, Charizma Communications, provides individual and group coaching on non-verbal and interpersonal communication. Pratt's extensive academic and experiential knowledge of learning styles add to the quality of her presentations.

There is no charge to attend. Pre-registration is required. Seating is limited to the first 30 members of RochesterWorks! There is no fee to become a member. Register online at www.rochesterworks.org or call 258-3500.

RochesterWorks! is dedicated to helping Monroe County develop a strong workforce. *RochesterWorks!* helps job seekers find jobs, move to higher paying jobs or get training to improve skills. *RochesterWorks!* assists businesses with recruitment, assessment, placement and training, and connects them to all federally funded employment and training programs in Monroe County. *RochesterWorks!* has helped attract millions of dollars in funding to support Monroe County companies and organizations.

Services are available at two convenient full service Career Centers at 255 North Goodman Street and 276 Waring Road in Rochester. Training services are available at our satellite center at the Center for Workforce Development at 3545 Buffalo Road. Services are free of charge.

###

RochesterWorks! is part of the Workforce New York network.