



www.rochesterworks.org

NEWS

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Two New Free Workshops Offered for Job Seekers - “Career Management for a Lifetime” and “New on the Job”

*Rochester, NY—January 31, 2008--*RochesterWorks! will present two new free workshops for job seekers in February led by Dr. Rita Carey, a professional development coach with 15 years experience in career management. The workshops are part of RochesterWorks! guest speakers series, which features local subject matter experts to educate the job seeker.

Career Management for a Lifetime: A No-Fail System for Lifetime Employability Thursday, February 21

1:00 pm – 3:30 pm.

RochesterWorks! Career Center at 276 Waring Road

- Learn what it means to manage your career, have control over your employment and be the candidate of choice.
- Understand what can be done right now to strengthen your value in the marketplace.
- Learn why social networking is essential to lifetime employability.

New on the Job

Wednesday, February 27

9 a.m. – 11:00 a.m.

RochesterWorks! Career Center at 255 North Goodman Street

- Recognize the three stages of being new on the job.
- Develop an awareness of individual styles and their importance in working relationships.
- Learn new employee best practices that will lead to career success.

About the Presenter

Dr. Carey has worked with clients from government, small companies as well as Fortune 500 companies. She is the director of RCM Associates and provides leadership and

career coaching and has helped hundreds of individuals match their strengths, skills and abilities to their professional career choices.

How to Register

Pre-registration is required. Seating is limited to the first 30 members of RochesterWorks! Register online at www.rochesterworks.org or call the Career Center where the workshop is being held. Call the Waring Road Center at 266-7760 or the Goodman Street Career Center at 258-3500. Parking is free at both locations.

***RochesterWorks!** is dedicated to helping Monroe County develop a strong workforce. RochesterWorks! helps job seekers find jobs, move to higher paying jobs or get training to improve skills. RochesterWorks! assists businesses with recruitment, assessment, placement and training, and connects them to all federally funded employment and training programs in Monroe County. RochesterWorks! has helped attract millions of dollars in funding to support Monroe County companies and organizations.*

Services are available at two convenient full service Career Centers at 255 North Goodman Street and 276 Waring Road in Rochester. Training services are available at our satellite center at the Center for Workforce Development at 3545 Buffalo Road. Services are free of charge.

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