



[www.rochesterworks.org](http://www.rochesterworks.org)

## **NEWS**

### **Media Contact:**

Jean Dalmath  
585.586.6650 (direct)  
585.755.6911 (cell)  
[jdalmath@dalmath.com](mailto:jdalmath@dalmath.com)

## **Two New Workshops for Professional Job Seekers! Confidence and Preparation, Two Keys to Winning the Job Search**

*Rochester, NY—March 27, 2008--*RochesterWorks! will present two new free workshops for professional level job seekers on April 2 and 9. The workshops focus on two of the most vital elements of the job search, confidence and preparation.

The workshops are part of RochesterWorks! Guest Speaker Series, which brings in local experts to help educate job seekers, sharpen their job search and career development skills.

**Wednesday, April 2, 2008**  
**Building Confidence to Win the Search**  
**9:00 am – 11:00 am**  
**Presented by Lorraine Henderson**

Stress and change are ever-present in our lives. These factors impact how we see ourselves and our world. Learn how to develop self confidence that will have an immediate and long term impact.

Lorraine Henderson has more than 20 years of experience as an Organizational Development Specialist working within a Fortune 500 company and consulting with small businesses, not-for-profits and educational institutions. Lorraine believes in a commitment to life-long learning to help both individuals and organizations manage change and grow.

**Wednesday, April 9, 2008**  
**What Hiring Managers Need to Know**  
**11:30 am – 1:30 pm**  
**Presented by Dr. Rita Carey**

Be prepared to address the fears of hiring managers and HR staff. Understand your role in selecting references and preparing for a background check. Learn more about how and why hiring managers are verifying as much information about you as possible.

Dr. Carey, director of RCM Associates, is a professional development coach with 15 years experience in career management. Rita has worked with clients in government, and in small and Fortune 500 companies, providing leadership and career coaching. She has helped hundreds of individuals match their strengths, skills and abilities to their professional career choices.

### **To Register and for More Information**

Pre-registration is required. Seating is limited to the first 30 members of RochesterWorks! Register on-line at [www.rochesterworks.org](http://www.rochesterworks.org). You must be a registered member of RochesterWorks! to attend the seminar. There is no charge to become a member. For more information please call 258-3500.

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***RochesterWorks!** is dedicated to helping Monroe County develop a strong workforce. RochesterWorks! helps job seekers find jobs, move to higher paying jobs or get training to improve skills. RochesterWorks! assists businesses with recruitment, assessment, placement and training, and connects them to all federally funded employment and training programs in Monroe County. RochesterWorks! has helped attract millions of dollars in funding to support Monroe County companies and organizations.*

*Services are available at two convenient full service Career Centers at 255 North Goodman Street and 276 Waring Road in Rochester. Training services are available at our satellite center at the Center for Workforce Development at 3545 Buffalo Road. Services are free of charge.*

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