

Can You Make the Grade?

- Are you returning to school and need to take a placement exam?
- Are you preparing for a GED exam or TABE test?
- Are you currently enrolled in an ESOL program and want additional assistance?

If so, KeyTrain may be able to help you prepare for upcoming educational testing and programs. KeyTrain is an internet-based skill building tool that can assist you in identifying your skill level in the following areas: Applied Mathematics, Reading for Information, and Locating Information. The program develops an individualized tutorial program that you can access from the comfort of your own home.

About KeyTrain



RochesterWorks! offers on-line learning through [KeyTrain](#), an interactive training system targeted to improve WorkKeys skills. Using KeyTrain, an individual can assess their potential WorkKeys score through pre-tests, review topics in each WorkKeys skill area, practice problems similar to those on an actual WorkKeys assessment, and increase their skills as they move through the skill levels.

KeyTrain can also provide assistance with career exploration and planning. Through links to the [WorkKeys Occupational Profile Database](#) and [O*NET](#), individuals can explore careers at their current skill levels and also plan for the future by identifying skill level requirements in a variety of other occupations.

This service can be accessed from any computer with Internet connectivity and is available at no cost to qualifying RochesterWorks! members.

Today's workforce has changed significantly over the years, and individuals now, more than ever, must be prepared to stand out from other candidates and document their abilities to learn new skills and keep up with changing technology.

To sign up, see a career center staff member to register for the KeyTrain Learning Lab workshop.

For more information contact Kimberly Breedlove at (585) 263-4591 or kbreedlove@rochesterworks.org.